

WELCOME TO THE PALM COURT

Sir Bracewell Smith is renowned to have built the Park Lane Hotel in 1927. He oversaw some ingenious building techniques, from the ground-breaking internal steel structure, nicknamed “**the birdcage**”, to the state-of-the-art whitening system for the facade.

Step back in history & the Roaring 20's with original Art Deco features & savour our delicious “**Birdcage Afternoon Tea**” with a selection of 27 tea blends, cakes, beautiful pastries, scrumptious scones & delicate finger sandwiches.



AFTERNOON TEA

A Brief History

Afternoon tea is recognised around the world as being something traditionally British. Nobody knows the exact origins of the afternoon tea but one lady features in all theories, Anna, Seventh Duchess of Bedford (1783-1857), Lady-in-waiting to Her Majesty, Queen Victoria.

Traditionally, dinner was not served until 8.30 or 9.00 in the evening and the Duchess often became hungry, especially in the summer when dinner was served even later. Every afternoon, she experienced a “sinking feeling” and requested sandwiches & cakes between 3pm & 4pm in the afternoon.

Soon others followed the Duchess’ lead. In 1842, a well known actress named Fanny Kemble heard of afternoon tea, and began to invite some guests to join her. Soon all of fashionable London was sipping tea with a variety of sandwiches on the side. The custom of “taking tea” in the afternoon had become well established, along with a complex set of rules and etiquette.

Afternoon tea prices are subject to change for special occasions. All prices are inclusive of VAT. A discretionary 12.5% Service charge will be added to your bill.

A minimum charge of £39.00 per person will be applied on a Friday, Saturday & Sunday between 12.00 & 19.00 Hours.

This menu contains allergens. If you have any food/drink intolerances or allergies, please let a member of the team know and we can guide you accordingly.

CHAMPAGNES & WINE

	Glass 125ml	Bottle 750ml
BRUT		
Moët & Chandon Brut Imperial, NV	15.00	75.00
R de Ruinart Brut, NV		85.00
ROSÉ		
Moët & Chandon Imperial Rosé, NV	18.00	95.00
Taittinger Prestige Rosé Brut, NV		85.00
PREMIUM		
Dom Pérignon 2006 Vintage		195.00
Medium to full bodied champagne		
	Glass 175ml	Bottle 750ml
WHITE WINE		
Vol D'anima de Raimat Blanco	9.50	36.50
Costers del Segre Spain		
Chapel Down Bacchus White	12.00	44.00
Kent England		
RED WINE		
Cuvee Cabernet Franc Pays d'oc, Sainte Marie des Crozes	10.50	40.00
France		
Chapel Down Pinot Noir	12.00	44.00
Kent England		
ROSE WINE		
Cotes de Provence Rosé, Legende, Estandon	10.50	40.00
Provence France		

A smaller glass size is available on request.

THE PALM COURT HIGH TEA

Free range poached eggs Royale, keta caviar [g] [e] [f]

Glazed crab and dill omelette [cr] [e]

Stilton and walnut muffin, pear chutney [g] [m] [e]

Hazelnut confit chicken with Harissa Mayo [Tr] [mu] [e]

Peppered chicken livers, pancetta, toasted brioche,
onion marmalade [m] [g] [sd]

FRESHLY BAKED EVERY DAY AT THE SHERATON PASTRY KITCHEN

Selection of Plain and Golden Raisin & Cinnamon scones
served with Homemade selection of Seasonal Preserves
and Clotted cream [m] [e] [g] [sd]

A SELECTION OF HANDMADE PASTRIES

Cherry and rose mousse, white chocolate & Pumpkin
feuillantine crunch [g] [tr] [m] [s] [e]

Banoffee pie, William pear & honey jelly [g] [e] [m]

Pistachio & cranberry Choux [g] [m] [e] [Tr]

Passion fruit cremeux, Mandarin jelly & almond sponge [g] [m] [e] [Tr]

Offered with your choice of:

Classic Tea Selection	39.00 per person
Rare & Single Estate Tea	42.00 per person

Allergens:

[p] Peanuts, [tr] Treenuts, [l] Lupin, [m] Milk, [e] Eggs, [f] Fish, [mo] Molluscs, [cr] Crustaceans, [s] Soya,
[g] Gluten, [ss] Sesame Seeds, [c] Celery, [mu] Mustard, [sd] Sulphur Dioxide

BIRDCAGE AFTERNOON TEA

SELECTION OF HANDMADE SANDWICHES

Whisky cured Scottish salmon, apple and beetroot relish [g] [f] [sd]

Free range egg, saffron crème fraiche, watercress [e] [g] [sd]

Spiced roasted Surrey farm sirloin of beef, tomato chutney,
wild rocket [g] [sd]

Cajun spiced cornfed chicken, tarragon mayonnaise [g] [sd]

Crayfish and caviar lemon crème fraiche, pickled cucumber [g] [cr] [m] [sd]

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BIRDCAGE VEGETARIAN AFTERNOON TEA

SELECTION OF FINGER SANDWICHES

Free range egg, saffron crème fraîche, watercress [g] [e] [m]

Goat cheese, red pepper pesto, wild rocket [m] [Tr] [g]

Coriander hummus, yellow courgette, baby spinach [g] [ss]

Avocado, grilled artichokes, tomato chutney [sd] [g]

Cucumber, cream cheese & chives [g] [m]

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RARE & SINGLE ESTATE TEA

WHITE TEA

Chakra Silver Tips

Indonesia | Chakra Estate

From the highlands of West Java comes this wonderful tea. White silver tips are the buds of the tea plant *Camelia Sinensis*, plucked before they open.

Produce a delicate fruity flavour and a lightness of touch on the palate.

YELLOW TEA

Huo Shan Huang

China | Anhui Province

First produced in the seventeenth century, in the time of the Ming & Qing dynasties, its quality marked it as an Imperial Tribute tea and it has been famed for its flavour ever since. The succulent silver buds are wrapped in parcels to mellow the tea, then dried slowly and are hand crafted into pointed yellow green leaves.

Produce a slight floral aroma & gentle, smooth, sweet flavour.

OOOLONGS

Tie Guan Yin

China

Tie Guan Yin, or “Iron Goddess of Mercy” is one of China’s most renowned Oolong teas and is steeped in colourful legends of divine apparitions and hidden treasure.

Very delicate leaves of very oxidised tea.

Produce a sweet aroma with hints of fruit and complex flavour of honey & caramel.

BLACK TEA

Nilgiri Twirl

India | Glendale Estate

Nilgiri whose name translates as Blue Mountains, is one of the three main speciality tea regions of India. This delicious black tea is produced with whole leaves of the same size & shaped into delicate twists.

The refreshing flavour is brisk yet rounded & mellow, with characteristic fruity notes.

1st Flush Darjeeling

India | Chamong Estate

This is a truly superb orthodox tea from Chamong Estate, one of the region’s flagship gardens. The young, greenish leaves have plenty of tip; when brewed they produce a beautiful rose colour with a delicate aroma and complex flavour.

Notes of sweet peaches and a fresh, lingering grassiness.

CLASSIC TEA

WHITE TEA

Rosy Fig White Tea

China

Floral, Fig & Nutty Notes, Very Sophisticated.

GREEN TEA

Genmaicha

Japan

“Genmai” translates as Brown Rice in Japanese. Hulled rice kernels and popped corn are added to a good Sencha steamed green tea to create this sweet and nutty tea that makes a great accompaniment to food.

Jasmine Petals & Pearls

Japan

These delicate jasmine pearls are the result of light green tea layered with jasmine flowers, to create the perfect balance of flavour. The camomile flowers and rose petals add soft floral notes to the blend.

Simply Sencha

China

This is a wonderfully mellow and slightly green tea that makes for such easy drinking that nothing has been added to it.

Apple & Elderflower Green Tea

China

East meets West with deliciously delicate, oriental green tea, infusing with the quintessential orchard flavours for a light & refreshing taste.

Moroccan Mint with Rose

Tea in Morocco is a real tradition and everyone has their own version. We've married green tea with spearmint leaves and a subtle taste of rose.

OO LONGS

Emerald Dragon Oolong

China

The high mountain Oolong is a honey coloured tea with a spring like fragrance and light, blossomy taste.

CLASSIC TEA

BLACK TEA

Art Deco Blend

India

An exclusive blend from Twinings with the two most famous Indian teas to recreate the flavours of the 1920's. A light & complex Darjeeling married with the malty, rich Assam giving you a perfect accompaniment for any afternoon tea occasion. Delightful with or without milk.

Earl Grey

China

Richard Twining the 2nd recreated this blend from a gift given to Charles Earl Grey the 2nd. This sublime Earl Grey blends Chinese black loose leaf tea with the wonderfully citrusy flavour of bergamot.

Lady Grey

China | Ceylon

Unique to Twinings, Lady Grey is Earl Grey's elegant cousin. Her tea has the same light and delicate taste of bergamot, but with added hints of oranges and lemons. Ideal in the afternoon with a biscuit or a slice of cake.

Full English

India

Perfect for when you fancy a really well rounded cup of tea. From the Sri Lankan Highlands where the leaves are grown, giving a great depth of flavour and making for a truly great cup of tea.

Darjeeling

India

Darjeeling in North East India is famous for its tea cultivated through valleys and round mountains. The altitude gives darjeeling its light, delicate taste and shimmering gold colour. Take a sip and escape the world on a journey of your own.

The Mighty Assam

India

Mighty by name, mighty by nature. Smooth, rich & full bodied with an unmistakeable malty punch. This tippy golden broken orange pekoe is Assam as it should be.

CLASSIC TEA

BLACK TEA

Nutty Chocolate Assam

India

Inspired by tea & chocolate, a match made in heaven. Rich Assam loose leaf tea is a perfect partner to the flavour of delicious chocolate and hazelnuts.

Passion Fruit Ceylon

Sri Lanka

Ceylon teas originate from a variety of altitudes on hill sides in Sri Lanka. This high-grown tea has a beautifully light flavour and works perfectly with the sweet flavour of caramelised passion fruit.

Lapsang Souchong

China

At the end of the production process, involving pan-firing, rolling, oxidising and a second firing and rolling, the leaves are dried over pine wood fires. The result is a richly flavoured black tea with a smoky flavour. Reputedly, this was Winston Churchill's favourite tea!

Elderflower Blossom Darjeeling

India

Darjeeling is known as the champagne of the tea world. Darjeeling is balanced with some delightful floral flavours to give it a fragrant burst of sweetness.

Zanzibar Chai

Rwanda

This is an unusual blend of Rwandan black tea and rooibos from the Cederberg Mountains of South Africa. The bright and lively black tea and red-brown rooibos needles bring depth and creamy notes to the flavour, finished with high-quality cinnamon and aromatic cardamom. The blend is completed by the faintly aniseed flavour of fennel seeds, with a pinch of pepper and cloves.



HERBAL TEA

Thoroughly Minted

Everything you expect from the ultimate mint experience - glorious peppermint, rounded with vibrant bursts of sweet spearmint.

Superfruity

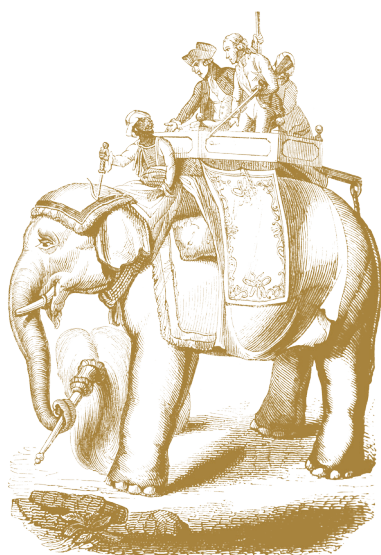
A deliciously juicy & fruity blend, packed with wonderful countryside flavours.

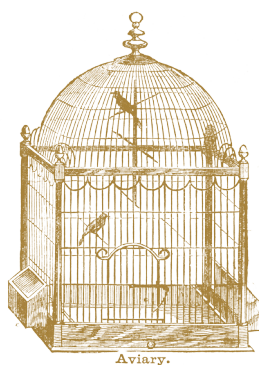
Pure Camomile

Golden and sweet, subtly flowery with a light and gentle taste.

Velvety Rooibos Caramel

Indulge in the sweet luxury of Rooibos and caramel.
Delicious with or without milk.





Aviary.